

Community Ed & Recreation Summer 2009 Programs

Outdoor Rock Climbing

Ages: 6 – adult

Location: PHS Ropes Course

Fee: \$8.00/person/climb
\$20.00/person for all 3 climbs

Dates: July 6, 2009 – 3:30-5:00PM
July 15, 2009 – 3:30-5:00PM
July 24, 2009 – 4:30-6:00PM



Participants should meet at the ropes course on the day of the climb. The ropes course is accessible through Horizon Elementary School's upper parking lot. Climbers should wear tennis shoes and comfortable clothing.

PARENT/GAURDIAN SIGNATURE REQUIRED DAY OF CLIMB!



Tennis Drill & Skills

The tennis skills and drills is a 3-week program designed to teach individuals stroke technique and match play. The participants will be engaged in tennis drills and game play. The program is open to individuals ages 6-14 and will accommodate the beginning to intermediate player.

Session 1 – June 23-July 9

Ages 6-9 – Tues. & Thurs. 12:30-1:30PM
Ages 10-14 – Tues. & Thurs. 1:30-2:30PM

Session 2 – July 21 – August 6

Ages 6-9 – Tues. & Thurs. 12:30-1:30PM
Ages 10-14 – Tues. & Thurs. 1:30-2:30PM

Location: PHS Tennis Courts

Fee: \$17.00/Session

PHS Ropes Course

Ages: 10-adult

Location: PHS Ropes Course

Fee: \$12.00/person/climb
\$30.00/person for all 3 climbs

Dates: June 22, 2009 – 12:30-2:30PM
July 10, 2009 – 4:00-6:00PM
July 20, 2009 – 12:30- 2:30PM

Challenges to Climb: Zip Line, Floating Islands, Traversing Log & More!

Participants should meet at the ropes course on the day of the climb. The ropes course is accessible through Horizon Elementary School's upper parking lot. Climbers should wear tennis shoes and comfortable clothing.

PARENT/GAURDIAN SIGNATURE REQUIRED DAY OF CLIMB!

Bike Club

Learn bike safety and trail ride throughout Plymouth as a group. The last week we will ride in the Kettles.

Ages: 9-13



When: Wednesdays from 12:30-1:30PM, the last Wednesday we will meet from 12:30-2:15PM

Dates: July 1, 2009, July 8, 2009 & July 15, 2009

Location: The club will meet on the stairs outside of the PHS gymnasium.



Fee: \$6.00

Trek Mountain Bike Rentals are available for an additional \$4.00

For more information please contact Community Ed & Recreation at 920-892-5068 or by e-mail at wschlies@plymouth.k12.wi.us. Registration can be done through Community Ed & Recreation, 125 Highland Ave, Plymouth WI, 53073

Middle School Volleyball

Summer volleyball is designed to give individuals the opportunity to play and be active in the sport in a fun and relaxed setting. Individuals will learn skills and drills while engaging in game play.

Open to individuals in grades 5-8. Participants should meet in the Riverview Middle School gymnasium on the first day.

When: July 7-July 23 (Tuesdays & Thursdays)



Times: July 7 & 9 – 3:45-4:45PM
July 14, 16, 21 & 23 – 1:30-2:30PM

Location: Riverview Middle School

Fee: \$12.00

PHS Weight Room Orientation

ATTENTION MIDDLE SCHOOL STUDENTS!!! Come and learn how to use the equipment in the weight room at PHS. Upon the completion of the orientation students will be able to use the weight room throughout the summer during supervised hours. Individuals will be trained on the life fitness circuit, the cardiovascular machines and some free weights. Students will also learn weight room etiquette and safety. Open to individuals entering 7th, 8th & 9th grade.

Session 1: July 6, 2009

12:30-2:00PM
PHS Weight Room

Session 2: July 13, 2009

12:30-2:00PM
PHS Weight Room

Fee: \$6.00

REGISTRATION IS LIMITED!!!



Water Polo Club

Learn the rules of water polo and enjoy game play while participating in Water Polo Club. Games will be played in both the shallow and deep ends of the PHS pool. Pool noodles will be used for deep water games. Individuals must bring their own pool noodle. Participants will be in the pool all 3 days.

High School Club Ages: 14-17

Middle School Club Ages: 10-13

When: Fridays - July 10, 17 & 24



Times: 12:30-1:30PM

Location: PHS Pool

Fee: \$8.00

REGISTRATION IS LIMITED!!!

Game Day

Join your friends for three afternoons of cards, board games and more in C105 at Plymouth High School. Games include but are not limited to chess, checkers, back gammon, sheepshead, cribbage and more.

Ages: 10-15

When: Wednesdays – June 24, July 8 & July 22

Times: 12:30-2:00PM

Location: PHS C105

Fee: \$6.00



Introduction to Movie-Making

This is a hands-on workshop outlining the basic principles of filmmaking including pre-production planning, shooting, and editing. Students will also learn how the director, camera operators, actors, editors and other personnel work together to create a movie. Students will be assigned a role and put their new found knowledge to work to create a short movie. Each student will receive a DVD of their movie upon completion of the course. **Ages:** 11 & up

Fee: \$45/participant

Location: PHS Amphitheatre



Instructor: JJ Burkart of Silverwater Productions

Session 1: July 13-July 17.....12:15- 2:15 PM

Session 2: July 20 – July 2.....12:15 - 2:15 PM

Session 3: August 10 – August 14.....10 am - noon

Additional Programs may be available. Please contact Community Ed for more details (920)892-5068 or check out the Plymouth District website at www.plymouth.k12.wi.us Click on SUMMER SCHOOL and in there you will find a link for Community Ed & Rec. Summer Activities.