



















# SPRING AQUATICS GRID

Class Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturdays
7:00-8:45AM						Lap Swim 
7:45-8:30AM		Daytime Aqua Dynamics 			Daytime Aqua Dynamics 	
11:00-11:45AM						
3:00-4:15PM	Student Lap Swim 	Student Lap Swim 		Student Lap Swim 		
6:30-7:15PM		Aqua Fitness 		Aqua Fitness 		
6:30-7:15PM	In the Deep 		In the Deep 			
7:30-8:15PM	Water Works 			Water Works 		
7:30-8:30PM			Lap Swim 			

Daytime Aqua Dynamics 	Lap Swim 
Aqua Fitness 	Student Lap Swim  (Student lap swim is open to adults and Students)
In The Deep 	Water Works 