

PAW

Plymouth Advanced Wrestling

"Working together for a common goal: A state championship!"



5th – 8th Grade

The Plymouth Jr. Wrestling Club is proud to announce that the wrestling season for **2009 – 2010** has arrived.

Now is the time when our young student athletes get out on the wrestling mats for another great season of Panther Wrestling! The coaches, wrestling club, and parent volunteers will again be working very hard to have another fun and exciting season with our wrestlers. With your support, we can continue the tradition we have here in Plymouth and promote future success both on and off the mat.

Coach Weix 893-6911 ext 1567
Email rweix@plymouth.k12.wi.us
Coach Wiese 892-7502
Email nicjwiese@verizon.net

WHY WRESTLE?

- Wrestling does not favor any particular race, gender, culture, size, or stature, and is practiced on all continents.
- Wrestling builds character that contributes to one's ability to become a responsible member of society.
- As wrestlers gain experience, technique becomes more complex and often correlates to high academic performance.
- Wrestling can dramatically improve one's ability to perform in other sports.
- Wrestling is a great way to build confidence and self-defense skills.

**For a free download of the #1 source of information for parents of a child interested in wrestling, please go to www.youthwrestlingguide.com **

Dates: **Tues/Thurs Dec 1 – Dec 22 and Jan 5 – Jan 14 6-730pm
and Jan 19 – Mar 11 from 715-830pm**

Location: **Plymouth High School Wrestling Room**

Cost: \$40

Includes PAW T-shirt, entrance fees and bus rides for 3 youth tournaments, and wrestling singlet to be loaned and returned.

You will find sign up forms on plymouthwrestling.com or available at practice.

Please attend Parent Meeting and advanced sign-up
Monday, Nov 30 at 6pm in the H/S Wrestling Room.